

Rosina

3/1/05

**Sebastian Lattuga
Lake Success, NY**

Dear Dr. Lattuga and Mike:

Consider yourself hugged and kissed! For the first time in years I think the snow is pretty again.

I want to thank you for helping me to have a life, not just an existence. Prior to my surgery, the snow, any snow was a nightmare for me. The pain was horrible and my strength was getting weaker each year. I forgot how pretty the snow could be.

**Today, I can wake up and stand with no assistance from the furniture.
Today, I can walk through the mall with my daughters with no pain.
Today, I can come home from work and have enough strength to do my other chores.
Today, I can hold my infant niece without worrying about straining again.
Today, I can do laundry without feeling pain.
Today, I can plan a vacation knowing I will be strong enough to go.
Today, I look outside to see a large snowfall and now, it looks pretty!**

The amount of life my spinal problem took away from me was so enormous I was living just to maintain my strength for the things we have to do. NOW, THANKS TO YOU I CAN ENJOY THE THINGS I WANT TO WITHOUT PAIN, AND DO WHAT I HAVE TO!

I can't thank you enough for what you gave me back!

In sincere appreciation,

Rosina